

PRK SURGERY DROP INSTRUCTIONS:



Zymaxid

- 1 drop in each eye every 2 hours.
- 1 drop in each eye 4 times per day.



Pred Forte (Use Last)

- 1 drop in each eye every hour.
- 1 drop in each eye every 2 hours.



Refresh Plus

1 drop in each eye every hour.



Restasis

1 drop in each eye 2 times per day.



Acuvail

1 drop in each eye, as needed for pain.

*no more than 4 times per day

*minimize use



Maxitrol / Tobradex Ointment

1 inch in each eye 1 time per day, at bedtime.

Wait 5 minutes between drops

Shake drops well before using



PRESCRIPTION EYE DROPS AFTER YOUR PRK PROCEDURE

- PRED FORTE 1% and ZYMAZID .5% will be administered in your treated eye(s).
- ACUVAIL will be in your kit and should only be administered as needed for pain or discomfort that is not resolved with artificial tears, as Acuvail slows healing.

DO NOT DISCONTINUE DROPS UNTIL DIRECTED BY YOUR PHYSICIAN

- Always wash your hands prior to putting in your eye drops
- Wait 5 minutes between drops
- The order of drop application is not important. After instilling a drop keep your eye(s) closed for a few minutes. This will help to absorb the drop.
- Remember you can refrigerate drops to reduce inflammation.
- Use artificial tears as often as needed but at least every 1 to 2 hours. The more you use the better.
- **DO NOT** use anything in the treated eye(s) except for medications you have been given by Dr. Herschel (unless otherwise directed by Dr. Herschel)
- To apply your drops simply pull down your lower lid and place the drop in the pocket of your eyelid.
- You may experience a medicinal taste in the back of your throat after putting in your drops, this is normal. You can help to reduce this by applying slight pressure to the side of the bridge of your nose after instilling the drop.